

Mother Earth News recommends...

Bioshelter Market Garden: A Permaculture Farm **Darrell Frey**

To ensure food security and restore the health of the planet, we need to move beyond industrial agriculture and return to the practice of small-scale, local farming. The *Bioshelter Market Garden: A Permaculture Farm* describes the creation of a sustainable food system through a detailed case study of the successful year-round organic market garden and permaculture design at Pennsylvania's Three Sisters Farm.

At the heart of Three Sisters is its bioshelter -- a solar greenhouse which integrates growing facilities, poultry housing, a potting room, storage, kitchen facilities, compost bins, a reference library and classroom area. The *Bioshelter Market Garden* examines how the bioshelter promotes greater biodiversity and is an energy efficient method of extending crop production through Pennsylvania's cold winter.

Both visionary and practical, this fully illustrated book contains a wealth of information on the application of permaculture principles. Some of the topics covered include:

- Design and management of an intensive market garden farm
- Energy systems and bio-thermal resources
- Ecological soil management and pest control
- Wetlands usage
- Solar greenhouse design and management.

Darrell Frey is the owner and manager of Three Sisters Farm, a 5 acre permaculture farm, solar greenhouse and market garden located in Western Pennsylvania. Darrell writes extensively on permaculture design and ecological land use planning and has been a sustainable community development consultant and permaculture teacher for 25 years.

**Whatever your experience and ambitions
this comprehensive manual is sure to inform and inspire.**

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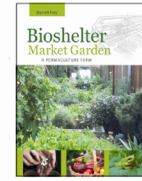
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Watch for special pick-up locations and at the PASA Conference -- refund on postage charges.



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